

## Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to sign up for Classes, Special Events & Trips
- Information is always available at your request

### Special Notice

Lunch will be served at 11 am

The center has new operating hours & they are listed below each calendar days heading

May 7 - PO\*KE\*NO starts at 10am

May 7 - EPICS will start at 11 am with Michelle

May 8 - The Senior Fair in Dunn is from 8am to 2pm

May 10 - Flat Branch Church yard sale starts at 8am

May 12 - Our Herbalist Barb will start her presentation at 10:30am, followed by a healthy lunch which you must sign up for

May 14 - Tammy will be here to do her presentation on communication, starts at 10am

May 15 - Our trip to Mount Airy, leaving the center at 6:30am & you must have signed up

May 21 - There will be a presentation on Medicare Fraud starting at 10am

May 21 - EPICS Fellowship 11 am, you must sign up

May 23 - A trip to the Raleigh Farmer's Market, you must sign up

May 27 - Stephanie will be here at 10am, talking about phone tech basics

May 27 & 28 - Test Quilt, must sign up

# May 2025 Anderson Creek Senior Center

Sunday Closed	Monday 9:00 - 2:00pm	Tuesday 9:00 - 2:00pm	Wednesday 9:00 - 2:00pm	Thursday 9:00 - 2:00pm	Friday 9:00 - 2:00pm	Saturday Closed
				1 Everything Yarn	2 Work on Your Own	3
4	5 Work on Your Own	6 Sewing	7 PO*KE*NO EPICS	8 Senior Fair 8-2 Blood Drive 1pm	9 Work on Your Own	10 Flat Branch Church Yard Sale 8am
11 Happy Mother's Day	12 * Living Healthy with Roots Herbs & Spices	13 Sewing	14 Tammy at 10am	15 Mt Airy Trip	16 Work on Your Own	17
18	19 Work on Your Own Dream Center Work	20 Sewing	21 * Medicare Fraud EPICS	22 Everything Yarn	23 Trip to Farmer's Market 8:30am	24 Center Rental
25	26 HOLIDAY	27 Test Quilt Phone Tech Basics	28 Test Quilt Work on Your Own	29 Everything Yarn	30 Work on Your Own	

Happy Birthday 04 Cecile 12 Liola 12 Donna B 13 Kathleen 13 Charles

### Community Notes

Ruritan's Meet at the Anderson Creek Senior Center Thursday, May 8th at 6pm

Union United Methodist Church Pantry 5/14 from 5 to 6:30pm and 5/24 from 9 to 10:30am

AC Community Church Food Pantry Hours are Thurs 10-1:30pm - Teach All Nations Pantry 5/9 from 1 to 5pm

Harnett Food Pantry Monday 4-6:30pm, Tuesday 1-4pm & Thursday 10am-1pm

Telephone: 910-436-4157 • The Senior Center is Open Monday, through Friday 9:00-2:00