

Naloxone Distribution Checklist for Organizations

- Confirm individual has a personal need for Naloxone or is in a position to assist a family member, friend, or other person at risk of experiencing an opiate-related overdose.**
 - Explain what Naloxone does when used correctly – reverse an opiate-related overdose.**
 - Discuss possible side effects of Naloxone that may appear within minutes of Naloxone administration and subside approximately 2 hours:**
 - Chest pain, fast or irregular heartbeats
 - Dry cough, wheezing, feeling short of breath
 - Sweating, severe nausea or vomiting
 - Severe headache, agitation, anxiety, confusion, ringing in ears
 - Seizure (convulsions)
 - Slow heart rate, weak pulse
 - Explain/describe signs of an overdose:**
 - Awake but not talking
 - Body is very limp
 - Face is very pale or clammy
 - Fingernails and lips turn blue or purplish black
 - For lighter skinned people the skin tone turns bluish purple, for darker skinned people, it turns grayish or ashen
 - Breathing is very slow and shallow, erratic or has stopped
 - Pulse (heartbeat) is slow, erratic, or not there at all
 - Choking sounds, or a snore-like gurgling noise (sometimes called the “death rattle”)
 - Vomiting
 - Loss of consciousness
 - Unresponsive to outside stimulus
 - Review how to respond to an overdose:**
 - Call 911
 - Administer Naloxone from kit
 - Remain with person until EMS (911) arrives
 - Initiate CPR if needed
 - Review and explain all items in the Naloxone Kit including expiration date:**
 - Two doses of Naloxone Nasal Spray
 - Printed instructions on use and signs/symptoms of opioid overdose
 - Play video, www.narcannasalspray.com, if possible, or demonstrate how to administer Naloxone:**
 - Administer Naloxone via intranasal spray into nostril
 - Monitor respiration and responsiveness of Naloxone recipient
 - If no response in 3-5 minutes, administer second dose via the same route.
 - Encourage opioid user to communicate with primary care provider regarding use of Naloxone.**
 - Encourage opioid users to seek behavioral health care. For information regarding behavioral health care, advise to contact their primary care provider or Harnett County Health Department for resources.**
 - Ask if individual has other questions or concerns.**
- Contact Harnett County Health Department at 910-893-7550 with concerns or questions about distribution of Naloxone kits.**