

# Girls are Great & Teen Girls Conference

Let's talk about . . . . **Puberty** growing up and understanding it!

Join us **tween** and **teen girls** ages 9-16.



Bring your mom/guardian to **“Girls are Great,”** a session that will provide information on the physical and emotional changes that take place with girls during puberty. Teens get answers about topics including teen health, healthy dating, relationships, and more!

**Saturday, April 20, 2024**

**9:00am – 1:00pm**

**Harnett Health Sciences Center**

51 Red Mulberry Way, Lillington



**Workshops ♦ Exhibits ♦ Selfie Station ♦ Breakfast  
Fun Sessions ♦ Lunch ♦ Swag Bags ♦ & More!**

**It's “Great” being a Girl!**

**Registration: \$10.00 per person**

\*Seating is limited. No on-site registration on the day of the event.

For more information:



**Harnett County Health Department**

**910-893-7550 • [www.harnett.org/health](http://www.harnett.org/health)**

**Cooperative Extension, Harnett County**

**910-893-7534**