

For More Information:

Harnett County Health Department

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Registration Required

Registration & fee will be accepted at the following sites:

Harnett County Health Department

Re: Girls Are Great
307 W. Cornelius Harnett Blvd. Lillington, NC 27546

Harnett County Cooperative Extension

Re: Girls Are Great
126 Alexander Dr. Lillington, NC 27546

****No on-site registration the day of the event.***

Thank you!

Girls are Great & Teen Girls Conference



Saturday, April 20, 2024

9:00 a.m. - 1:00 p.m.

Harnett Health Sciences Center

51 Red Mulberry Way, Lillington



Sponsors:

Harnett County Health Department

Cooperative Extension, Harnett County

Girl Scouts – North Carolina Coastal Pines

This program is intended for girls ages 9-16 and their mom or adult guardian. Our program features educational sessions, along with group activities, to make learning fun!

Girls ages (9-12): Girls will get information and answers about the emotional and physical changes experienced during puberty.

Teens ages (13-16): Teens will get answers and information about topics including teen health, healthy dating/relationships, and more!

Schedule for the day:

8:30 a.m. - Doors Open & Registration / Exhibits / Breakfast

“Growing Up & Understanding It”

Girls aged 9-12 & Moms/Guardians

“Teen Talk”

Girls aged 13-16 & Moms/Guardians

Mom & Girls Activity

Girls Just Wanna Have Fun: Girls Only
&
Mom/Guardian Session



Lunch

Closing / Evaluations

1:00 p.m. – Dismissal & Goodie Bags

Fun Sessions Descriptions:

1. **Kids in the Kitchen:** (ages 9-12) Learn basic cooking skills while making a yummy snack!
2. **Teen Chef:** (ages 13-16) Learn more advanced kitchen prep and cooking skills while making a tasty snack.
3. **Glamorous Girls:** (all ages) Learn skin care and makeup tips to help keep your skin healthy through your teen years!
4. **Girl Scientists** (all ages): Learn a fun hands on science experiment!

Registration Form

Girl's Name: _____ **Age:** _____

Address: _____

Parent/Guardian's Name: _____

Telephone #: _____

Email: _____

- I will _____ / I will not _____ attend with my daughter.

While attending the program, all girls must be accompanied by their mom or adult guardian. My daughter has permission to attend with the following adult guardian (if applicable):

Name _____

Registration Fee: \$10.00 per person (Girl \$10.00 and Mom \$10.00)

Fee is Non-Refundable and must be paid with registration.

**No registration at the door the day of the event.*

“Girls Just Wanna Have Fun”:

Choose your first and second choices from the fun sessions listed below. Sessions marked “All” are for all age groups. Please choose based on your child's age.

Kids in the Kitchen (ages 9-12) Glamorous Girls (All)
Teen Chef (ages 13-16) Girl Scientists (All)

1st Choice: _____

2nd Choice: _____

Registration Deadline – April 5, 2024

Seating is limited.

